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Cardiac Surgery Unit

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Child Life Therapy

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www.rch.org.au/child-life-therapy

Patient Name: _____

UR: _____

DOB: _____

The Child Life Therapy team aim to engage, educate and empower children and young people during their hospitalisation. They can provide individualised support to promote effective coping through their hospital journey by:

- Preparation for procedures (including surgery, imaging and pathology)
- Medical play
- Procedural support
- Development of coping strategies (comfort positioning, guided breathing, distraction techniques).

Hospital can be a challenging environment for all children, however this can be heightened when a child has additional needs or has had previous difficult hospital experiences. A Child Life Therapist can contact you prior to your admission to provide information, resources and to develop a support plan prior to your pre-admission appointment.

It is essential that this form is completed and returned prior to your appointment to ensure a referral can be placed with Child Life Therapy if required.

Has your child had previous difficult experiences in hospital or exhibited high levels of distress with medical procedures?

- ☐ No
☐ Yes (please specify)

- ☐ Echo
☐ Bloods
☐ Other (please specify)

- ☐ ECG
☐ Nursing observations e.g. blood pressure, pulse oximeter

Does your child have a diagnosis of:

- ☐ Autism
☐ Anxiety
☐ ADHD
☐ Sensory Processing Disorder
☐ Developmental Delay
☐ Other (please specify)

Please return this form prior to pre-admission