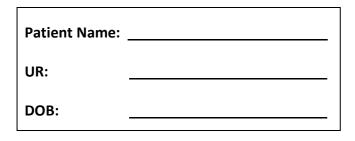
The Royal Children's Hospital Melbourne 50 Flemington Road Parkville Victoria 3052 Australia TELEPHONE +61 3 9345 5522 www.rch.org.au





## Cardiac Surgery Unit

Tel: 61 3 9345 5200 Fax: 61 3 9345 6001 cardiac.surgery@rch.org.au www.rch.org.au/cardiac\_surg/

## **Child Life Therapy**

childlife.therapy@rch.org.au www.rch.org.au/child-life-therapy

The Child Life Therapy team aim to engage, educate and empower children and young people during their hospitalisation. They can provide individualised support to promote effective coping through their hospital journey by:

- Preparation for procedures (including surgery, imaging and pathology)
- Medical play

□ No

- Procedural support
- Development of coping strategies (comfort positioning, guided breathing, distraction techniques).

Hospital can be a challenging environment for all children, however this can be heightened when a child has additional needs or has had previous difficult hospital experiences. A Child Life Therapist can contact you prior to your admission to provide information, resources and to develop a support plan prior to your pre-admission appointment.

It is essential that this form is completed and returned prior to your appointment to ensure a referral can be placed with Child Life Therapy if required.

Has your child had previous difficult experiences in hospital or exhibited high levels of distress with medical procedures?

☐ Yes (please specify)	
☐ Echo ☐ Bloods ☐ Other (please specify)	<ul><li>□ ECG</li><li>□ Nursing observations e.g. blood pressure, pulse oximeter</li></ul>
Does your child have a diagnosis of:	
<ul><li>☐ Autism</li><li>☐ Anxiety</li><li>☐ ADHD</li></ul>	<ul><li>☐ Sensory Processing Disorder</li><li>☐ Developmental Delay</li></ul>
☐ Other (please specify)	